



Lifelong Learning: What are you doing the rest of your life?

A Few Notes

Anne E. Caluori (ADD) Σ*thinking* August 14, 2013 Session 13908





Idea generators:

- When you were 6 years old, what did you want to be when you grew up? Are there any bits of real dreams left there?
- Check your bucket list. (maybe it's time to write one)
- Let's say you were to write your obituary or your epitaph today.
 Would you be satisfied with what's there? What do you want to be there?

What options are there?

- Check out top employers to match your current skills
- Think about consulting to companies in your industry
- Consider a new skill set or career
 - Department of Labor website to check options & requirements
 - Consider using skills assessment(s) what's in your tool kit?
 - MBTI, Strong Interest Inventory Profile
 - Be alert to opportunities & serendipity
- Be open to letting go of current 'chores'



Pick a direction

- Develop skills from your less developed self
 - Left / right brain
 - MBTI "shadow"
- Pick something from your "bucket list"
- Resurrect an abandoned dream
- Consider taking some advice
 - A good friend
 - A coworker or a great (past?) boss
 - A counselor / life coach
 - Someone who is working in a field you're interested in
- Consider trying new work on for size
 - Volunteer in the career field if possible
 - Check out online or community college courses: Khan Academy, MIT OpenCourseWare online; edX (Harvard, MIT; UC Berkeley and University of Texas System).





You may find value by visiting:

- Institute for the Future [<u>www.iftf.org</u>]
 - Future Work Skills 2020 highlights recent research that predicts the kinds of skills for which we'll be recruiting in 2020
- "Plus 50" Initiative -- American Asso. of Community Colleges
 [plus50.aacc.nche.edu/aboutplus50/Pages/default.aspx]

Now take action!

