Imagine an exciting motivational speaker who's also an experienced business executive, a best-selling author, insightful teacher, and a gifted entertainer Randall Munson is all of these, delivering messages that have a powerful impact on audiences and organizations around the world.

As a speaker:
Randall's refreshing blend of inspiration and practicality, delivered with warmth, humor, and magic, has propelled him into the Speaker Excellence Hall of Fame. Not surprisingly, Randall has garnered more than 70 Gold Medals in the International Speaker Olympics, an IBM Award for Excellence, and is listed in the Who's Who of Professional Speaking. Having spoken in more than 30 countries across 6 continents, Randall earned the Certified Speaking Professional designation which has been achieved by only 7% of professional speakers in the world.

As an executive:
Randal has been named one of “The Worlds Greatest Business Mentors”. His messages stem from a rock solid business foundation: an IBM Program Manager and IBM Executive Advocate who for 20 years led IBM research and development projects with management, architecture, education, and marketing responsibilities. He also held an executive position for 5 years in the Target Corporation. Randall is listed in the International Who's Who of Professionals. He was the Vice President of Administration at Crossroads College and member of the Board of Directors of Hope International University. He is the founder and president of Creatively Speaking®.

As a best selling author:
Randall shares his insights from platforms around the world and through his writings in a column for an international magazine, numerous articles, the electronic magazine Business Magic® read by decision makers in more than 70 countries, and 8 books he authored or co-authored including Creativity 101, Creativity 102, and the best-selling Create the Business Breakthrough You Want.

As a teacher:
Randall has a flair for conveying complex, abstract, and potentially dry information in a manner that's engaging and easy for the audience to grasp. Called by many a "natural teacher," he has designed and taught courses for the IBM Advanced Business Institute, IBM Management and Technical Education, Asia/Pacific Marketing Masters Seminars, and serves as an Adjunct Professor at the University of Wisconsin. Randall holds an M.S. degree in Computer and Information Science from the University of Minnesota.

As an entertainer:
Randall's talents as a master magician, ventriloquist, and professional clown contribute to his ability to captivate audiences in any setting -- including Bally's Grand in Las Vegas, Walt Disney World, and The White House. He has made televised appearances internationally and has been featured on major network broadcasts. Randall has won 30 national and international entertainment awards, and his likeness has been displayed in the Clown Hall of Fame and the Smithsonian Institution.
Capture Today
If you would like a recording of today’s program, send an email to me:
Randall@CreativelySpeaking.com

Ah Ha! Journal
Write it down before you forget!

__________________________
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Top 10 Reasons to
Laugh at Work

1. Laughter Builds Teamwork
   We are drawn to those who smile, laugh, and enjoy their work but we shun perpetually serious, sober duds who never
   laugh or smile. You can more easily build an effective team with the people others want to be with.

2. A Punch Line Improves the Bottom Line
   Southwest Airlines, Outback Steakhouse, and Tastefully Simple have two things in common. “Having fun” is in their basic
   beliefs and they are exceptionally successful in their own industry. They are successful. They laugh at work.

3. Humor Improves Communications
   In an atmosphere of fun, where people are comfortable laughing at themselves, information flows freely. When people are
   on pins and needles, where any flub is considered serious, people hold back and prefer silence to the risk of making an
   error in what they say.

4. Fun Improves Performance
   Studies show that employees who feel their work is fun perform better and get along better with coworkers than those who
   are simply satisfied with their jobs. Laughter is more important than overall job satisfaction.

5. Laughter Keeps You Awake
   Never in recorded history has anyone fallen asleep while laughing. Laughter refreshes you, energizes you, and keeps you
   from falling asleep no matter how dull your job may be.

6. Laughter Improves Health
   Dozens of medical studies show laughter enhances respiration, increases number of disease-fighting immune cells, fends
   off viruses and bacteria, helps fight chronic diseases, contributes to good health, and releases endorphins which are
   2,000 times more potent than morphine. You can’t take it but you can make it.

7. Laughter Reduces Absenteeism
   Health benefits of laughter mean fewer sick days. When people enjoy their jobs they want to come to work. They don’t
   want to miss a good laugh.

8. Laughter Reduces Stress
   Relaxation and information help reduce stress but humor is much more effective. Overwhelmed by stress? Laugh it off.

9. Humor Helps Solve Problems
   When you see something funny about a problem, it indicates that you see it from a new perspective. Humor results in
   more objectivity. When you see the funny side, you can start to see a new solution.

10. Laughter Eliminates Monotony
    When laughter erupts it is always because of something unexpected - the punch line, the surprise event, the unanticipated
        reply. Monotony and laughter are mutually exclusive.

BONUS!

11. Humor is Human
    Laughter is an exclusively human trait. It separates humans from animals and machines. You don’t feel like a robotic cog
        in the corporate machine when you laugh because laughter is a raw expression of pure humanness.

12. Humor Reduces Turnover
    Only 15% of people are fired because they don’t have the skills to do the job. But 85% lose their jobs because they lack
        people skills and the ability to relate to others. Humor is an integral part of relating to other people. Laughter is the
        shortest distance between two people.

13. It’s Fun!
    When others make your life miserable and you laugh, it just drives them crazy. What could be better than that!
CarerBuilders.com asked hiring managers to share the most unusual excuses workers gave for missing work. Here are some of their favorite examples:

1. I'm too drunk to drive to work.
2. I accidentally flushed my keys down the toilet.
3. I had to help deliver a baby on my way to work. (Employee was not in the medical profession.)
4. I accidentally drove through the automatic garage door before it opened.
5. My boyfriend's snake got loose and I'm afraid to leave the bedroom until he gets home.
6. I'm too fat to get into my work pants.
7. God didn't wake me. (Employee didn't believe in alarm clocks and thought a higher power would wake her when she was ready.)
8. I cut my fingernails too short, they're bleeding and I have to go to the doctor.
9. The ghosts in my house kept me up all night.
10. I forgot I was getting married today.
11. My cow bit me.
12. My son accidentally fell asleep next to wet cement in our backyard. His foot fell in and we can't get it out.
13. I was watching a guy fixing a septic pump, fell in the hole and hurt myself.
14. I was walking my dog and slipped on a toad in my driveway and hurt my back.
15. My house lock jammed, and I'm locked in.
FUNNY BUSINESS:

Actual Statements by Business Leaders

Business leaders can be fun to listen to. Here are some examples:

1. I'm caught between a rock and a stone.
2. My son has a huge appetite. He has a bottomless leg.
3. It's like being a monkey with chickens on your back!
4. Are you too blind to remember?
5. Anyone could go to that person and say, 'I need a bell on the side of the elephant.'
6. He has too many fingers in the dike.
7. It's like an engineer falling out of a building.
8. Smooth as pie.
9. I have no idea what that is. Thank goodness we didn't order three!
10. The active part is there, the proactive is not.
11. This isn't rocket surgery.
12. It's good to get a taste of someone else's moccasins!
13. It's a mute point.
14. This is for your FYI...
15. We definitely don't want to nail ourselves into a corner.
16. I'm not the brightest bean in the hole.
17. I want quality, not quantity; but lots of it.
18. In one five-minute exchange, a co-worker who thinks he ought to be my boss said, “supposubly”, “expecially”, “irregardless”, “that doesn't jive”, and my personal favorite, “We have to start a brass roots movement”. This was all in the context of explaining why he deserved more management authority.
19. I was once told by a co-worker, “Don't look for a gift in the horse's mouth”. This was the same person who couldn't understand why a pot would call the cattle black.
FUNNY BUSINESS: Actual Dilbert-like Quotes

The grass is not always greener on the other side of the road. Just look at the names of the companies who have some real winners for managers.

A magazine ran a “Dilbert Quotes” contest looking for people to submit quotes from their real-life Dilbert-type managers. Here are some of the finalists:

1. As of tomorrow, employees will only be able to access the building using individual security cards. Pictures will be taken next Wednesday and employees will receive their cards in two weeks. This was the winning entry; Fred Dales at Microsoft Corporation

2. What I need is a list of specific unknown problems we will encounter. Lykes Lines Shipping

3. How long is this Beta guy going to keep testing our stuff? Programming intern, Microsoft IIS Development team

4. E-mail is not to be used to pass on information or data. It should be used only for company business. Accounting Manager, Electric Boat Company

5. This project is so important, we can’t let things that are more important interfere with it. Advertising/Marketing Manager, UPS

6. Doing it right is no excuse for not meeting the schedule. No one will believe you solved this problem in one day! We’ve been working on it for months. Now, go act busy for a few weeks and I’ll let you know when it’s time to tell them. R&D Supervisor, 3M Corporation

7. My boss spent the entire weekend retyping a 25-page proposal that only needed corrections. She claims the disk I gave her was damaged and she couldn’t edit it. The disk I gave her was write-protected. CIO of Dell Computers

8. Quote from the Boss: “Teamwork is a lot of people doing what I say.” Marketing executive, Citrix Corporation

9. My sister passed away and her funeral was scheduled for Monday. When I told my Boss, he said she died so that I would have to miss work on the busiest day of the year. He then asked if we could change her burial to Friday. He said, “That would be better for me.” Shipping executive, FTD Florists

10. “We know that communication is a problem, but the company is not going to discuss it with the employees.” Switching supervisor, AT&T Long Lines Division

11. We recently received a memo from senior management saying: “This is to inform you that a memo will be issued today regarding the subject mentioned above.” Microsoft, Legal Affairs Division

12. One day my Boss asked me to submit a status report to him concerning a project I was working on. I asked him if tomorrow would be soon enough. He said, “If I wanted it tomorrow, I would have waited until tomorrow to ask for it!” New business manager, Hallmark Greeting Cards
FUNNY BUSINESS in:

Government

Actual quotes taken from Federal Government employee performance evaluations.

1. Since my last report, this employee has reached rock-bottom and has started to dig.
2. I would not allow this employee to breed.
3. This employee is really not so much of a has-been, but more of a definite won't be.
4. Works well when under constant supervision and cornered like a rat in a trap.
5. When she opens her mouth, it seems that it is only to change feet.
6. This young lady has delusions of adequacy.
7. He sets low personal standards and then consistently fails to achieve them.
8. This employee is depriving a village somewhere of an idiot.
9. This employee should go far, and the sooner he starts the better.
10. Got a full 6-pack, but lacks the plastic thingy to hold it all together.
11. A gross ignoramus -- 144 times worse than an ordinary ignoramus.
12. He doesn't have ulcers, but he's a carrier.
13. He's been working with glue too much.
14. He would argue with a signpost.
15. He brings a lot of joy whenever he leaves the room.
16. When his IQ reaches 50, he should sell.
17. If you see two people talking and one looks bored, he's the other one.
18. A photographic memory but with the lens cover glued on.
20. Donated his brain to science before he was done using it.
21. Gates are down, the lights are flashing, but the train isn't coming.
22. He's got two brains cells, one is lost and the other is out looking for it.
23. If he were any more stupid, he'd have to be watered twice a week.
24. If you give him a penny for his thoughts, you'd get change.
25. If you stand close enough to him, you can hear the ocean.
26. It's hard to believe he beat out 1,000,000 other sperm
27. One neuron short of a synapse.
28. Some drink from the fountain of knowledge; he only gargled.
29. Takes him 2 hours to watch '60-minutes'.
30. The wheel is turning, but the hamster is dead
The following are reasons for accidents actually reported to Insurance Adjusters in automobile accident reports.

1. The telephone pole was approaching fast. I was attempting to swerve out of its path when it struck my front end.

2. To avoid hitting the bumper of the car in front, I struck the pedestrian.

3. My car was legally parked when it backed into the other vehicle.

4. An invisible car came out of nowhere, struck my vehicle and vanished.

5. When I saw I could not avoid a collision, I stepped on the gas and crashed into the other car.

6. The pedestrian had no idea which direction to go, so I ran him over.

7. Coming home, I drove into the wrong house and collided with a tree I don't have.

8. I was driving my car out of the driveway in the usual manner, when it was struck by the other car in the same place it had been struck several times before.

9. The accident occurred when I was attempting to bring my car out of a skid by steering it into the other vehicle.

10. The other car collided with mine without giving warning of its intention.

11. I thought my window was down but found it was up when I put my hand through it.

12. The indirect cause of this accident was a little guy in a small car with a big mouth.

13. The guy was all over the place. I had to swerve a number of times before I hit him.
FUNNY BUSINESS in: Medicine

Actual sentences found in patients’ hospital charts.

1. She has no rigors or shaking chills, but her husband states she was very hot in bed last night.
2. Patient has chest pain if she lies on her left side for over a year.
3. On the second day the knee was better, and on the third day it disappeared.
4. The patient is tearful and crying constantly. She also appears to be depressed.
5. The patient has been depressed since she began seeing me in 1993.
6. Discharge status: Alive but without my permission.
7. Healthy appearing decrepit 69 year old male, mentally alert but forgetful.
8. The patient refused autopsy.
9. The patient has no previous history of suicides.
10. Patient has left white blood cells at another hospital.
11. Patient's medical history has been remarkably insignificant with only a 40 pound weight gain in the past three days.
12. Patient had waffles for breakfast and anorexia for lunch.
13. Between you and me, we ought to be able to get this lady pregnant.
14. Since she can't get pregnant with her husband, I thought you might like to work her up.
15. She is numb from her toes down.
16. While in ER, she was examined, X-rated and sent home.
17. The skin was moist and dry.
18. Occasional, constant infrequent headaches.
19. Patient was alert and unresponsive.
20. Rectal examination revealed a normal size thyroid.
21. She stated that she had been constipated for most of her life, until she got a divorce.
22. I saw your patient today, who is still under our care for physical therapy.
23. Both breasts are equal and reactive to light and accommodation.
24. Examination of genitalia reveals that he is circus sized.
25. The lab test indicated abnormal lover function.
26. Skin: somewhat pale but present.
27. The pelvic exam will be done later on the floor.
28. Patient was seen in consultation by Dr. Blank who felt we should sit on the abdomen, and I agree.
29. Large brown stool ambulating in the hall.
30. Patient has two teenage children, but no other abnormalities.
31. The patient was to have a bowel resection. However, he took a job as a stock broker instead.
FUNNY BUSINESS in:

Welfare Department

The following are taken from actual letters received by the Missouri Welfare Department in applications for financial support.

1. I am forwarding my marriage certificate and 6 children. I had seven but one died which was baptised on a half sheet of paper.

2. I am writing the welfare department to say that my baby was born two years old. When do I get my money?

3. Mrs. Jones has not had any clothes for two years and has been visited regularly by the clergy.

4. I cannot get sick pay. I have six children can you tell me why?

5. I am glad to report that my husband who is missing is dead.

6. This is my eighth child. What are you going to do about it.

7. Please find for certain if my husband is dead. The man I am now living with can't do anything until he knows.

8. I am very much annoyed to find out that you have branded my son illiterate. This is a dirty lie as I was married a week before he was born.

9. In answer to your letter, I have given birth to a son weighing 10 lbs. I hope this is satisfactory.

10. I am forwarding my marriage certificate and my 3 children one of which is a mistake as you can see.

11. My husband got his project cut off about two weeks ago and I haven't had any relief since.

12. Unless I get my husband's money pretty soon, I will be forced to lead an immortal life.

13. You have my changed little boy to a girl, will this make any difference?

14. I have no children yet, as my husband is a truck driver and works night and day.

15. I want money as quick as I can get it. I have been in bed with the doctor for two weeks and he doesn't do me any good. If things don't improve, I will have to send for another doctor.

16. In accordance with your instructions, I have given birth to twins in the enclosed envelope.
**FUNNY BUSINESS in:**

**Airline Mechanics**

Here are some actual logged maintenance complaints by QANTAS pilots and the corrective action recorded by mechanics. By the way, Qantas is the only major airline that has never had an accident.

- **P** stands for the **Problem** the pilots entered in the log
- **S** stands for the **Corrective Action** taken by the mechanics

<table>
<thead>
<tr>
<th>Problem</th>
<th>Corrective Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>P: Left inside main tire almost needs replacement.</td>
<td>S: Almost replaced left inside main tire.</td>
</tr>
<tr>
<td>P: Test flight OK, except autoland very rough.</td>
<td>S: Autoland not installed on this aircraft.</td>
</tr>
<tr>
<td>P: Dead bugs on windshield.</td>
<td>S: Live bugs on backorder.</td>
</tr>
<tr>
<td>P: Autopilot in altitude-hold mode produces a 200-fpm descent.</td>
<td>S: Cannot reproduce problem on ground.</td>
</tr>
<tr>
<td>P: DME volume unbelievably loud.</td>
<td>S: DME volume set to more believable level.</td>
</tr>
<tr>
<td>P: Friction locks cause throttle levers to stick.</td>
<td>S: That's what they're there for!</td>
</tr>
<tr>
<td>P: IFF inoperative.</td>
<td>S: IFF always inoperative in OFF mode.</td>
</tr>
<tr>
<td>P: Suspected crack in windsreen.</td>
<td>S: Suspect you're right.</td>
</tr>
<tr>
<td>P: Number 3 engine missing.</td>
<td>S: Engine found on right wing after brief search.</td>
</tr>
<tr>
<td>P: Radar hums.</td>
<td>S: Reprogrammed radar with words.</td>
</tr>
<tr>
<td>P: Mouse in cockpit.</td>
<td>S: Cat installed.</td>
</tr>
<tr>
<td>P: Aircraft handles funny.</td>
<td>S: Aircraft warned to straighten up, fly right, and be serious.</td>
</tr>
</tbody>
</table>

For more excerpts from Randall Munson’s HUMOR FILE see FUN STUFF on www.CreativelySpeaking.com
Ten Best Things to Say if You Get Caught

Sleeping at Your Desk

10. They told me at the blood bank this might happen.

9. This is just a 15 minute power-nap like they raved about in that time management course you sent me to.

8. Whew! Guess I left the top off the White-Out. You probably got here just in time!

7. I wasn't sleeping! I was meditating on the mission statement and envisioning a new paradigm.

6. I was testing my keyboard for drool resistance.

5. I was doing a highly specific Yoga exercise to relieve work-related stress. Are you discriminatory toward people who practice Yoga?

4. Why did you interrupt me? I had almost figured out a solution to our biggest problem.

3. The coffee machine is broken...

2. Someone must have put decaf in the wrong pot...

And the #1 best thing to say if you get caught sleeping at your desk...

1. ... in Jesus' name. Amen.

BONUS:

0. Have you ever noticed the pleasant scent of this desktop?
Randall Munson suggests the following books

Humor 101 - Randall Munson

Creativity 101 - Randall Munson

Creativity 102 - Randall Munson

Create the Business Breakthrough You Want - Randall Munson, Brian Tracy, Mark Victor Hansen, et. al.

Break-Out Creativity - Randall Munson, et. al.

Anatomy of an Illness - Norman Cousins

Children's Letters to God - S. Hample and E. Marshall

Mirth in Management - William H Higginbotham

This Job Should Be Fun - Bob Basso and Judi Klosek

How to Enjoy Your Life and Your Job - Dale Carnegie

A Funny Thing Happened on the Way to the Boardroom - Michael Iapoce

Pretty Good Joke Book - Garrison Keillor
CELEBRATE!

Laugh at Work Week

APRIL 1-7

For one week each year the world celebrates Laugh at Work Week - a week dedicated to having fun at work and recognizing the business value of humor and laughter.

 Appropriately, the week begins on April 1. That's right, April Fools Day, the day in which pranks, stunts, practical jokes, and spoofs abound.

Laughter and humor are an important part of the workplace. Benefits of laughing at work include improved productivity, creativity, teamwork, communication, stress relief, job satisfaction, and employee retention.

Laugh at Work Week was founded by Randall Munson and is celebrated around the world annually April 1 through April 7.

For resources and additional information about Laugh at Work Week:

www.LaughAtWorkWeek.com

E-mail: Humor@CreativelySpeaking.com

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Business Magic! is a free monthly electronic magazine for those who want to experience the magic of creative insights, ideas and inspirations for themselves and their business - based on the popular keynote speeches, seminars and writing of Randall Munson, Certified Speaking Professional and one of the world's greatest business mentors.

Each issue features a photo from Randall's personal "Humor File."

For additional tips, techniques, and great ideas, get Randall's free electronic newsletter, Business Magic!

Experience the magic Randall shares with leading companies to increase sales, increase profits, and make their competition disappear!

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